Summary. This regulation on the preparation of individual replacements and units for overseas movement has been revised. Procedural guidance for POR processing is contained in DA Pam 600-8-10. This regulation defines and assigns responsibility for a POR processing and movement control system to monitor processing and timely departure of personnel for overseas. It updates and more clearly defines POR processing responsibilities and coordination of all activities involved in the reassignment process; outlines the use of DA Form 4036-R (Medical and Dental Preparation for Oversea Movement); updates the portion on overseas orientation; and outlines POR requirements for members on temporary duty (TDY) to special areas.

Applicability. This regulation applies to all Active Army personnel (except general officers) being assigned to areas outside the continental United States and those personnel reassigned between overseas areas. It applies to Army National Guard and US Army Reserve personnel only when called to active duty. This regulation also pertains to Cohesion, Operational Readiness, and Training (COHORT) units.

Impact on New Manning System. Beside normal POR processing, this regulation requires that personnel must be prescreened before their assignment to COHORT units. This ensures that they will be eligible for overseas movement with their unit on the personnel shipment readiness date (PSRD) (para 2-5).

Supplementation. Supplementation of this regulation is prohibited without prior approval from HQDA (DAPC-EPH-MP), ALEX VA 22332.

Interim changes. Interim changes to this regulation are not official unless they are authenticated by The Adjutant General. Users will destroy interim changes on their expiration dates unless sooner superseded or rescinded.

Suggested Improvements. The proponent agency of this regulation is the US Army Military Personnel Center (MILPERCEN). Users are invited to send comments and suggested improvements on DA Form 2028 (Recommended Changes to Publications and Blank Forms) directly to HQDA (DAPC-EPH-MP), ALEX VA 22332.
1 November 1983

Chapter 1
Introduction

1-1. Purpose
   a. This regulation prescribes responsibilities for-
      (1) Preparing and processing personnel for move-
      ment to areas outside the continental United States, in-
      cluding their movement from one overseas area to
      another.
      (2) Prescreening personnel before assignment to
          Cohesion, Operational Readiness and Training (CO-
          HORT) units, preparation of replacements for overseas
          movement (POR) qualification review, and preparation
          of the COHORT units for overseas movement.
      (3) Processing personnel and units for deployment
          during contingency operations and mobilization.
   b. The prescribed requirements and responsibilities
      for POR are to insure completion of all necessary proc-
      essing before service members and units depart from the
      losing installation. (See AR 614-30 and AR 220-10 for
      additional guidance.)

1-2. References
Required and related publications are listed in appendix
A.

1-3. Explanation of abbreviations and terms
Abbreviations and special terms used in this regulation
are explained in the glossary.

1-4. Responsibilities
   a. The Adjutant General will make available up-to-
      date overseas orientation briefing materials for field use.
   b. The Commanding General, US Army Military
      District of Washington (MDW), will POR process all
      enlisted and officer personnel within the National Capit-
      al Region, to include HQDA agencies, their field oper-
      ating agencies, and other non-MDW activities on the
      MDW SIPPERS data base.
   c. Commanders of major Army commands will—
      (1) Establish inspection procedures needed to in-
      sure that personnel receive a standardized overseas orien-
      tation briefing and are fully POR qualified for individu-
      al and unit movement overseas.
      (2) Insure division and installation commanders
take corrective action to preclude recurrence of POR de-
      ficiencies reported by overseas commanders and HQDA.
   d. Division and installation commanders will—
      (1) Insure personnel receive a standardized overseas
          orientation briefing and are fully POR qualified for indi-
          vidual and unit movement overseas.
      (2) Provide unit commanders with administrative
          and logistical support to accomplish POR processing for
          individual and unit movement.
      (3) Insure all local agencies and units respond
          promptly on matters related to POR processing.
      (4) Establish a POR processing and movement con-
          trol system to monitor the processing of service mem-
          bers and their departure from the installation early
          enough so they will arrive at the gaining command dur-
          ing their availability month.
      (5) Insure members assigned to COHORT units are
          fully qualified for assignment to the unit and for overseas
          deployment.
      (6) Insure units and individual fillers, who are sub-
          ject to overseas movement on such short notice that
          there would not be time for normal POR processing, are
          continuously POR qualified so a minimum of time is re-
          quired to finish processing for departure.
      (7) Preclude recurrence of POR deficiencies re-
          ported by oversea commanders and HQDA.
   e. Unit commanders (battalion and company) will—
      (1) Insure compliance with this AR before persons
          or units depart for overseas. They will establish controls
to insure personnel—
          (a) Are POR qualified for the overseas assign-
              ment and continue to be qualified on their availability or
              reporting date. If personnel become ineligible, appro-
              priate deletion or deferment action will be initiated.
          (b) Ordered to another installation or to a service
              school before reporting to a port of embarkation (tempo-
              rary duty (TDY) en route) are POR qualified before de-
              parting from the losing organization.
          (c) Alerted for overseas movement receive mili-
              tary training required by AR 350-1, table 4-1. Unit
              commanders will assume responsibility for overseas ori-
              entations for their units during contingency operations
              and mobilization due to time restraints or dissemination
              of sensitive information pertaining to their unit. (See
              AR 360-81, para 2 7c, for guidance.)
          (d) Report for reassignment interviews,
              briefings, and other POR appointments on the dates and
              times scheduled.
          (e) Depart early enough to arrive in gaining
              command by report date.
      (f) In units subject to overseas movement on such
          short notice that there would not be time for normal
          POR processing, are continuously POR qualified so that
          a minimum of time is needed to finish processing for
          movement.
      (g) In COHORT units are qualified for assign-
          ment to that unit and for overseas deployment.
          (2) Insure attention is given to the following areas:
              (a) Personnel Reliability Program (PRP) qualifi-
                  cations, if required, are strictly adhered to.
              (b) Weapons qualification and Army Physical
                  Readiness Test (APRT) are current.
              (c) Correspondence and progress reports con-
Concerning the overweight program are forwarded for inclusion in the military personnel records jacket (MPRJ).

(d) Physical profiles are reviewed and verified to insure continued qualification for overseas movement. Service member's and commander's statement required by AR 600-200, paragraph 2-5, for personnel with a physical profile will be forwarded for inclusion in the MPRJ.

(e) Required medical treatment and dental work are completed prior to service member's departure.

(3) Preclude recurrence of POR deficiencies reported by overseas commanders and HQDA.

(f) School commanders and commanders of other organizations to which persons are attached or placed on TDY en route overseas will verify that personnel are still POR qualified before their departure overseas. If item 8 of DA Form 4036-R (Medical and Dental Preparation for Oversea Movement) is checked "yes," a special medical review is necessary within 30 days of member's departure for overseas. Any change in POR qualification occurring during the TDY en route period will be corrected by the commander of the organization or commandant of the school to which the person is attached. If a disqualifying deficiency cannot be corrected, the person will be reported to HQDA (DAPC—appropriate career branch) for further instructions.

(g) Commanders of medical and dental facilities (MTF) will—

(1) Insure personnel are medically and dentally qualified for overseas movement (to include family members when appropriate). Exceptional family members will be screened in accordance with AR 614-203.

(2) Conduct a medical evaluation of personnel on orders to Army attaches, military missions, military assistance advisory groups, or isolated areas. The commanders will also include a followup review not more than 30 days before departure to insure no disqualifying changes have occurred.

(3) Evaluate members who are hospitalized en route to a port of embarkation to determine their continued medical eligibility for overseas assignment before their release from the hospital. If it is determined the member will not be able to comply with the established port call date due to hospitalization, the losing military personnel office (MILPO) and member's career branch at MILPERCEN will be notified immediately.

(4) Insure physical profiles are valid and up-to-date prior to clearance of member for movement. (See AR 40-501.)

(h) Overseas commanders will—

(1) POR qualify members reassigned to another overseas area as stated in e above.

(2) Report to losing commands via message or letter those POR deficiencies clearly the fault of the losing installation. Information copies will be sent to HQDA (DAPC—EPH—MP), ALEX VA 22332.

(3) Brief each person newly arrived from CONUS or another overseas command according to AR 360-81, paragraph 2-7e(1).

(4) Correct POR deficiencies noted during inprocessing.

(5) Notify MILPERCEN of members with uncorrectable POR deficiencies.

i. Military personnel officers will—

(1) Establish internal operating procedures to POR process personnel promptly and accurately for movement overseas.

(2) Serve as the focal point for reassignment interviews, briefings, Oversea orientations, and other actions relating to POR processing.

(3) Insure members selected for overseas assignment are qualified to comply with the assignment instructions and continue to be qualified on the reporting date. If the members become ineligible, proper deletion or deferment action will be taken. Particular attention will be given to the following:

(a) Service remaining requirement for the member's designated oversea tour option will be met prior to departure from the losing organization by an extension or reenlistment.

(b) Correspondence and progress reports concerning the overweight program will be included in the MPRJ.

(c) PRP qualifications, if required, are strictly adhered to.

(d) Service member's and commander's statement required by AR 600-200, paragraph 2-5, for personnel with a physical profile are in the MPRJ.

(e) Security clearance requirements, if any, will be met prior to member's departure from losing installation.

(f) Set up a POR processing and movement control system to monitor the member's POR processing and departure from the installation early enough so the member will arrive at the gaining command during the availability month.

(g) Inform MILPERCEN that members are or are not expected to ship on time via the anticipated date or loss (DLOS) transaction.

(6) Preclude recurrence of POR deficiencies reported by overseas commanders and HQDA.

(7) Promptly notify the security manager of personnel security investigation and security clearance requirements for members alerted for overseas movement.

(8) Battalion personnel and administration center (PAC) and personnel staff noncommissioned officers (PSNCO) will—

(1) Serve as the point of contact for all actions be-
tween the MILPO or other organization activities, the
unit commander, and the member.

(2) Provide information to the unit commander and
the member concerning POR requirements and deletion
or deferment.

k. The G2/security manager will—

(1) Promptly initiate the proper security investiga-
tion or clearance request required for the new
assignment.

(2) Inform the MILPO of the status of the security
investigation or clearance request (to include final certi-
fication) when received.

l. The member will—

(1) Attend all POR briefings, interviews, and ap-
pointments at the scheduled time.

(2) Promptly prepare all necessary documentation
in coordination with the security manager when initia-
tion of a security investigation is required.

(3) Verify personal information in personnel, fi-
nance, health, dental, and similar records for accuracy.

(4) Report any change in reassignment eligibility to
the battalion PAC as soon as it is known.

m. Commanders in b through h above may designate
activities within their commands to implement this
regulation.
Chapter 2

Peacetime Preparation of Replacements for Oversea Movement (POR) Processing

2-1. General

POR processing during peacetime includes procedures, screenings, forms, briefings, and controls that together insure members and units are prepared for overseas movement. (See DA Pam 600-8-10 for processing of individuals and AR 220-10 for units.)

2-2. DA Form 4036-R (Medical and Dental Preparation for Oversea Movement)

a. DA Form 4036-R is prepared for all members being assigned overseas who meet the personnel qualifications for that assignment. The losing MILPO will initiate DA Form 4036-R after the reassignment interview and send it to the servicing MTF for completion.

b. MTF commanders will use the DA Form 4036-R to indicate that the members in (a) above are medically and dentally qualified for the overseas assignment. The medical review should also include an update of the medical profile, if applicable.

c. DA Form 4036-R will be completed and processed as described in DA Pam 600-8-10, procedure 3-2. DA Form 4036-R will be locally reproduced on 8½ by 11 inch paper. A copy for local reproduction purposes can be located at the back of this regulation.

2-3. POR processing and movement control system

Getting members processed to depart on time is the joint responsibility of the installation, division, and unit commanders and the military personnel officer, with the assistance of associated installation activities. The military personnel officer, acting for the installation or division commander, will develop a POR processing and movement control system to monitor POR processing of members to insure they depart on time. The system will be developed to conform to local requirements; however, it should include, as a minimum, the following:

a. Timely response to the MILPO by other installation agencies during reassignment processing. The transportation office, MTF, security manager, PAC, and unit commander must respond to the MILPO promptly to insure that members move on time.

b. Follow-up action by the Personnel Management Branch to insure members who miss reassignment interviews and POR processing appointments are identified to their commander. This will insure makeup processing is completed.

c. Submission of the DLOS transaction by the Personnel Management Branch for all personnel as shown in DA Pam 600-8-2. The DLOS transaction informs MILPERCEN that the member is qualified for the assignment, has been interviewed, is available, and will depart in time to meet the designated overseas arrival month. (For enlisted personnel, it can also inform MILPERCEN that a deletion or deferment is being requested.) Accordingly, DLOS transactions should be submitted as they occur.

d. Follow-up action by the Outprocessing Section to insure members who miss outprocessing appointments are promptly reported to their commander. This will insure that members report for outprocessing as soon as possible.

e. Follow-up action by the Standard Installation/Division Personnel System (SIDPERS) Interface Branch to insure a departure transaction is submitted on time by the member’s unit. (For guidance, see DA Pam 600-8-1, procedure 2-11.) This action serves to verify that the member actually departed the installation as scheduled.

f. Command emphasis. The MILPO should alert the chain of command, to include the division or installation commander, of those activities and commands that are consistently delinquent in the POR process.

2-4. Oversea orientation program

a. The oversea orientation program is an important part of POR. It consists of a briefing package of films or TV tape cassettes, pamphlets, handouts, and briefings. (See app B.) The program is designed to help installations prepare members and their families for the actual process of moving overseas and for the experience and adjustment of living in a different country and a new environment. Oversea orientation requirements include the following:

(1) Give members the required pamphlets and handouts at appendix B. Members should take the information home to their families to read.

(2) Show the following to the members and their family members:

(a) Films or TV tape cassettes that HQDA(DAAG-PSC) distributes or identifies as part of the oversea orientation program.

(b) Films that your major command identifies as part of POR.

(3) Refer members to the Army Community Service activity to get factsheets about the gaining command post.

(4) Tell members about the advantage of completing HEADSTART, GATEWAY, or other language programs before going overseas. Also tell them that these programs may be available to their family members.

(5) Encourage members to make maximum use of the sponsorship program. (See AR 612-10.)

b. The following are some sources for obtaining valuable input to the orientation sessions:
(1) Transportation and finance. Personnel from these areas can be particularly helpful in question-and-answer sessions after showing the film "Travel Entitlements."

(2) Office of the Staff Judge Advocate (legal).

(3) Army Community Service.

(4) Personal Affairs.

(5) Education (for information on language courses).

(6) Drug and Alcohol Abuse.

(7) Members who have recently returned from overseas.

(8) Family Housing

(9) Civilian Personnel Office (for overseas employment information).

2-5. New Manning System

The goal of the NMS is to create and maintain a cohesive fighting team that will move overseas as a unit. Therefore, personnel must be screened before being assigned to COHORT units to ensure they will be eligible for overseas movement on the personnel shipment readiness date (PSRD). Members assigned to COHORT units who become unqualified for movement overseas and cannot qualify by the PSRD will be reassigned from the unit as early as possible but not after 90 days before deployment.

2-6. TDY to special areas

When members are ordered TDY for 30 days or more to a country where no US Army units are permanently assigned, the following will be accomplished:

a. Members will obtain two new panographic dental X-rays. One will be filed at the POR processing station, and the member will handcarry one to the TDY location. The handcarried copy will be placed in the dental records if they are taken or in a separate folder.

b. Members will need two fingerprint cards DD Form 369 (Police Record Check). One copy will be filed at the POR processing station, and the member will handcarry one to the TDY location. The handcarried copy will be placed in the dental records if they are taken or in the separate folder containing the dental X-rays.

c. The member, on arrival in country with the above documents, will deliver them to the TDY activity for retention until the TDY is completed.
Appendix A
References

Section I
Required Publications


AR 40–501 (Standards of Medical Fitness). Cited in paragraph 1–4g(4).

AR 55–28 (Port Calls Procedures for Passenger Movements). Cited in appendix B.

AR 55–46 (Travel of Dependents and Accompanied Military and Civilian Personnel in, From, or Between Oversea Areas). Cited in paragraph B–2.


AR 220–10 (Preparation for Oversea Movement of Units (POM)). Cited in paragraphs 1–1b and 2–1.


AR 350–1 (Army Training). Cited in paragraph 1–4e(1)/(c).

AR 360–81 (Command Information Program). Cited in paragraphs 1–4c(1)/(c) and 1–4h(3).


AR 600–200 (Enlisted Personnel Management System). Cited in paragraph 1–4e(2) and i(3).

AR 608–2 (Servicemen’s Group Life Insurance (SGLI); Veterans’ Group Life Insurance (VGLI); United States Government Life Insurance (USGLI) and National Service Life Insurance (NSLI)). Cited in paragraph B–2.


AR 612–10 (Reassignment Processing and Army Sponsorship and Orientation Program). Cited in paragraphs 2–4a(5) and B–2.

AR 614–30 (Oversea Service). Cited in paragraph 1–1b.

AR 614–203 (Assignment of Personnel with Exceptional Family Members). Cited in paragraph 1–4g(1).


DA Pam 600–8–1 (SIDPERS Unit Level Procedures). Cited in paragraph 2–3r.


DA Pam 608–series (Facts You Need to Know). Cited in paragraph B–1.


MISC Pub 8–1 (Joint Travel Regulations: Vol 1; Members of the Uniformed Services) Cited in appendix B.
Section II
Related Publications

AR 50–5  (Nuclear Surety)
AR 50–6  (Chemical Surety Program)
AR 220–1  (Unit Status Reporting)
AR 600–9  (The Army Weight Control Program)
AR 614–100  (Officers)
AR 614–200  (Selection of Enlisted Soldiers for Training and Assignment)
AR 640–3  (Identification Cards, Tags, and Badges)
DA Cir 600–82–1  (New Manning System)
Appendix B
Orientation Material and Guidance

B-1. Pamphlets and handouts

a. DA Pam 608-series. These pamphlets provide information on countries and overseas areas. Members going to those areas are to receive a copy of the proper pamphlet as soon as possible after they are alerted.

b. DA Pam 360-544. This pamphlet provides information on legal matters overseas. It will be given to all members alerted for overseas assignment.

c. DA Pam 360-524. Since this pamphlet is required and mentioned in the film, “Personal Affairs,” give it to the members when you show the film. (See para B-2.)

d. DA Pam 55-2. This pamphlet contains detailed information on shipping household goods, privately owned vehicles (POV), accompanied and unaccompanied baggage, weight allowance, and so forth. It is highly recommended for members going overseas. Give this pamphlet to members—

1) Before transportation counseling.
2) When you show the film, “Travel Entitlements.”

2) “Going Overseas.” This pamphlet covers information on tour options, considerations on taking a family overseas, and other important subjects that members and their families should read. Members should take the pamphlet with them when they travel. The section, “While You’re Traveling,” tells what to do if members lose their records, cannot report, have legal problems, must miss a plane, or experience other problems. This pamphlet is required and should be given to members as soon as possible, preferably before they select a tour option (“with dependents” or “all others”).

d. DA Pam 360-400 series. These pamphlets are not required, but the revisions are helpful to members. In general, these pamphlets include information on the people and culture, a language guide, metric measurement charts for temperature, clothing, and so forth. This series is helpful to members going to countries for which there are no other DA pamphlets, films, or other information.

g. Handouts. Handouts for some countries and overseas areas are available. For information, call Overseas Orientation Program, AUTOVON 221-9390.

h. Additional handouts. Give members any other pamphlets that HQDA or major Army commands identify as requirements for overseas orientation. All of the above pamphlets and handouts were written for spouses and other family members as well as members.

B-2. Films and TV tape cassettes

a. Travel entitlements.

1) The “Travel Entitlements” film alerts members to problems and pitfalls of not knowing their entitlements. Because of this, members going overseas need to see the film as soon as possible after they are alerted for overseas assignment and before they report for transportation counseling.

2) The “Travel Entitlements” film also gives information on station housing allowance, temporary lodging allowance, and advance pay. Therefore, members need to see this film before they outprocess through the finance office.

3) Request your transportation office to give members a transportation and entitlements briefing or counseling on subjects such as shipment of household goods, storage, accompanied and unaccompanied baggage, and shipment of POVs. Members with family members will be counseled as stated in AR 37-106 and AR 55-46. The Joint Travel Regulations, MISC Pub 8-1, also apply.

4) See AR 612-10 for details in filling out and processing DA Form 4787 (Reassignment Processing).

b. Travel. “Going Our Way” is a film concerning travel to the overseas area. It highlights the travel and actions of which the member needs to be aware when traveling.

c. Personal affairs.

1) The “Personal Affairs” film or cassette is a very short film that alerts the member to the importance of updating emergency data forms, wills, and insurance matters; where to go with financial problems; and the services available through agencies such as the American Red Cross and Army Emergency Relief.

2) When showing this film, invite personnel from the following offices for briefings or question-and-answer periods: Staffing Judge Advocate; Army Community Services; American Red Cross; Army Emergency Relief; and specialists in Government insurance matters and death benefits for the military.

3) For specific information on the following areas, refer to the cited references:

(a) To obtain information on the Uniformed Services Health Benefits Program, see AR 40-121.

(b) For guidance on legal matters, see AR 600-11, AR 608-50, DA Pam 360-524, and DA Pam 360-544. These publications also cover wills, power of attorney, and joint bank accounts.

(c) For guidance on income taxes, see Department of Defense Military Pay and Allowances Entitlements Manual, MISC Pub 13-1.

(d) For information on legal problems overseas and the Status of Forces Agreement, see DA Pam 360-544.

(e) For information concerning claims of military personnel for such matters as loss or damage to household goods during shipment, see AR 27-20.

(f) For information on the 6-months’ death gra-

(g) For information concerning Servicemen’s Group Life Insurance, see AR 608–2.

(h) For air trip accident insurance information, members will be advised that this type of insurance is available at both commercial and military air terminals.

(i) For Army Emergency Relief, see AR 930–4.

(j) For information on the American Red Cross, see AR 930–5.

(k) To obtain information on settlement of commercial accounts and indebtedness, see AR 210–7, AR 600–15, and AR 600–20.

(l) For information on travel by POV, see AR 55–36, AR 612–10, and AR 310–10 and the Joint Travel Regulations, MISC Pub 8–1. If members desire to travel by POV to their new duty station in Alaska, the island portion of Newfoundland, or Central America (including Panama), they must get authorization from the appropriate oversea commander before traveling.

(m) For guidance on shipping a POV, see AR 55–71 and Joint Travel Regulations, MISC Pub 8–1, volume 1, chapter 11. Before going overseas, members should be made aware of the safety requirements and inspection their POV will be subject to overseas. They should plan on high insurance premiums compared to those in the continental United States. Members should also be informed that leased vehicles may not be shipped overseas. When purchasing a vehicle on credit, members will be cautioned to examine carefully any contracts before signing them. Normally, contracts with any lending institutions will not permit removal of the vehicle from CONUS without their consent.

(n) For material on the Sponsorship Program, see AR 612–10.

(o) To obtain information on orders, see AR 310–10. Members should carry at least three copies of orders with them. They should also put a copy of their orders in each piece of household goods shipment and keep copies to back up their claims for various financial allowances.

(p) For information concerning port calls, see AR 55–28 and AR 55–46.
Glossary

Section I
Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Description</th>
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<tbody>
<tr>
<td>APRT</td>
<td>Army physical readiness training</td>
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<tr>
<td>COHORT units</td>
<td>Cohesion, Operational Readiness and Training units</td>
</tr>
<tr>
<td>DLOS</td>
<td>Anticipated date of loss (SIDPERS transaction)</td>
</tr>
<tr>
<td>MACOM</td>
<td>Major Army command</td>
</tr>
<tr>
<td>MDW</td>
<td>US Army Military District of Washington</td>
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<tr>
<td>MILPERCENT</td>
<td>US Army Military Personnel Center</td>
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<tr>
<td>MILPO</td>
<td>Military personnel office</td>
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<tr>
<td>MPRJ</td>
<td>Military personnel records jacket</td>
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<tr>
<td>MTF</td>
<td>Medical treatment facility</td>
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<tr>
<td>NMS</td>
<td>New Manning System</td>
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<tr>
<td>PAC</td>
<td>Personnel and administrative center</td>
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<tr>
<td>POM</td>
<td>Preparation for overseas movement of units</td>
</tr>
<tr>
<td>POR</td>
<td>Preparation of replacements for overseas movement</td>
</tr>
<tr>
<td>POV</td>
<td>Privately owned vehicle</td>
</tr>
<tr>
<td>PRP</td>
<td>Personnel Reliability Program</td>
</tr>
<tr>
<td>PSNCO</td>
<td>Personnel staff noncommissioned officer</td>
</tr>
<tr>
<td>PSRD</td>
<td>Personnel shipment readiness date</td>
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Section II
Terms

M-Day
The day the Secretary of Defense, based on a decision by the President or the Congress, directs selected, partial, full, or total mobilization.

New Manning System (NMS)
A concept based on three major precepts—stabilization, unit replacement, and home basing—operating within the framework of a regimental system. NMS integrates all manning functions, policies, procedures, and regulations as modified to stabilize members together in units and to deploy trained units from CONUS to overseas areas while still providing for the professional development of the member. Personnel will be stabilized in their unit. Company-sized units, versus individuals, will deploy to meet overseas commitments. These company-sized units are called Cohesion, Operational Readiness, and Training (COHORT) units. Interchangeable CONUS and overseas based units will be paired for deployment.

POR Processing
A composite of procedures, screenings, forms, briefings, and controls that together insure members and units are prepared for overseas movement. 

SIDPERS . . . . . Standard Installation/Division Personnel System
TDY . . . . . . temporary duty
By Order of the Secretary of the Army:

JOHN A. WICKHAM, JR.
General, United States Army
Chief of Staff

Official:

ROBERT M. JOYCE
Major General, United States Army
The Adjutant General

DISTRIBUTION:

Active Army, ARNG, USAR: To be distributed in accordance with DA Form 12-9A requirements for AR, Personnel Processing.

Active Army—(A)

ARNG & USAR—None
MEDICAL AND DENTAL PREPARATION FOR OVERSEA MOVEMENT

For use of this form, see AR 612-2 and DA Pam 600-8-10; the proponent agency is MILPERCEN.

<table>
<thead>
<tr>
<th>TO</th>
<th>FROM</th>
</tr>
</thead>
</table>

Prepare form in four copies. Forward original and two copies to the Medical Treatment Facility and place one copy in the office suspense file.

1. **NAME** (last, first, MI)  
2. **SSN**  
3. **GRADE OF RANK/PMOS or SSI**

4. **PRESENT UNIT OF ASSIGNMENT**  
5. **PROJECTED UNIT OF ASSIGNMENT** (to include location/country)

6. **PROJECTED DUTY MOS or SSI** (9 position code)  
7. **ANTICIPATED DATE OF LOSS**

8. **IS MEMBER BEING ASSIGNED TO AN ISOLATED AREA AS DEFINED BY AR 40-501, PARAGRAPH 7-13c?**
   - [ ] YES  
   - [ ] NO

9. **IF ANSWER TO ITEM 8 IS "YES" AND IF MEMBER IS REQUESTING CONCURRENT TRAVEL OF FAMILY MEMBERS, ENTER THEIR NAMES. OTHERWISE ENTER "NA".**

10. **LIST ANY OTHER MEDICAL OR DENTAL SPECIAL INSTRUCTIONS CONTAINED IN THE ASSIGNMENT INSTRUCTIONS.**

11. **NAME, GRADE, and TITLE OF MILPO REPRESENTATIVE**  
12. **SIGNATURE**  
13. **DATE**

Complete the Medical and Dental Checklist portions below, return the original and one copy to the MILPO within 21 calendar days of the date shown in item 13, and forward one copy to the address shown in item 4.

**MEDICAL CHECKLIST**

14. **PHYSICAL PROFILE SERIAL CODE (PULHES) IS**  
    - [ ] YES  
    - [ ] NO

15. **MEDICAL RECORDS REVEAL THE FOLLOWING ASSIGNMENT LIMITATIONS:**

16. **DOES THE MEMBER MEET THE MEDICAL FITNESS STANDARDS OUTLINED IN AR 40-501? IF "NO" BRIEFLY EXPLAIN. IF CONDITION IS TEMPORARY, EXPECTED DATE MEMBER WILL BE ELIGIBLE FOR ASSIGNMENT IS**
   - [ ] YES  
   - [ ] NO

17. **IS THE MEMBER PREGNANT? IF "YES" EXPECTED DATE OF DELIVERY IS**
   - [ ] YES  
   - [ ] NO  
   - [ ] NA

18. **DOES THE MEMBER REQUIRE IMMUNIZATIONS? IF "YES" INDICATE DATE, TIME, AND LOCATION OF APPOINTMENT.**
   - [ ] YES  
   - [ ] NO

19. **DOES THE MEMBER REQUIRE REMEDIAL MEDICAL CARE? IF "YES" INDICATE DATE, TIME, AND LOCATION OF APPOINTMENT.**
   - [ ] YES  
   - [ ] NO

20. **IS THE MEMBER CURRENTLY UNDERGOING ALCOHOL OR DRUG ABUSE REHABILITATION? IF "YES" DATE THE MEMBER ENTERED THE REHABILITATION PROGRAM WAS**
   - [ ] YES  
   - [ ] NO

21. **MEDICAL RECORDS INDICATE THE MEMBER REQUIRES THE FOLLOWING:**
   - [ ] TWO PAIRS OF SPECTACLES  
   - [ ] PROTECTIVE MASK SPECTACLE INSERT  
   - [ ] TWO HEARING AIDS  
   - [ ] MEDICAL WARNING TAG

   **IF THE MEMBER DOES NOT POSSESS REQUIRED ITEM(S), INDICATE WHICH IS/ARE MISSING AND DATE, TIME, AND LOCATION OF APPOINTMENT(S).**

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EDITION OF APR 73 IS OBSOLETE.
21. **IF ITEM 8 HAS BEEN CHECKED "YES", CAN THE MEMBER BE ASSIGNED TO AN AREA WHERE MEDICAL FACILITIES ARE LIMITED OR NONEXISTENT?** IF "YES" THE MEMBER (AND FAMILY MEMBERS, IF APPLICABLE) MUST BE SCHEDULED FOR A FOLLOWUP EVALUATION OF MEDICAL STATUS WITHIN 30 CALENDAR DAYS OF THE ANTICIPATED DATE OF LOSS (ITEM 7). INDICATE DATE, TIME, AND LOCATION OF APPOINTMENT(S).

<table>
<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>22. <strong>NAME, GRADE, AND TITLE OF MEDICAL OFFICER</strong></td>
<td></td>
<td></td>
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<tr>
<td>23. <strong>SIGNATURE</strong></td>
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<td>24. <strong>DATE</strong></td>
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**DENTAL CHECKLIST**

Complete only if item 8 is checked (✓) "YES" or if required in item 10.

25. **IS THE MEMBER DENTALLY QUALIFIED?** IF "NO" BRIEFLY EXPLAIN. IF CONDITION IS TEMPORARY, EXPECTED DATE THE MEMBER WILL BE ELIGIBLE FOR ASSIGNMENT IS _______.

<table>
<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>26. <strong>DOES THE MEMBER REQUIRE REMEDIAL DENTAL CARE?</strong> IF &quot;YES&quot; INDICATE DATE, TIME, AND LOCATION OF APPOINTMENT.</td>
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<thead>
<tr>
<th></th>
<th>YES</th>
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<tbody>
<tr>
<td>27. <strong>IF ITEM 6 HAS BEEN CHECKED &quot;YES&quot;, CAN THE MEMBER BE ASSIGNED TO AN AREA WHERE DENTAL FACILITIES ARE LIMITED OR NONEXISTENT?</strong> IF &quot;YES&quot; THE MEMBER (AND FAMILY MEMBERS, IF APPLICABLE) MUST BE SCHEDULED FOR A FOLLOWUP EVALUATION OF DENTAL STATUS WITHIN 30 CALENDAR DAYS OF THE ANTICIPATED DATE OF LOSS (ITEM 7). INDICATE DATE, TIME, AND LOCATION OF APPOINTMENT(S).</td>
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<thead>
<tr>
<th></th>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>28. <strong>NAME, GRADE, AND TITLE OF DENTAL OFFICER</strong></td>
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<tr>
<td>29. <strong>SIGNATURE</strong></td>
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<td>30. <strong>DATE</strong></td>
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